



Program Highlights

Federal Fiscal Year 2025

CalFresh Healthy Living, California's Supplemental Nutrition Assistance Program Education, supports Californians who live in households with incomes at or below 200% of the federal poverty level in achieving healthy behaviors through nutrition and physical activity education, community changes, and social marketing campaigns.



In FFY 2025, CalFresh Healthy Living reached

2.2 million

adults, adolescents, and children across the state through **Direct Education** and **Policy, Systems and Environmental change activities**.

Direct Education

CalFresh Healthy Living Direct Education interventions are interactive classes that engage eligible participants in learning about nutrition and physical activity.



11,215

Direct Education
interventions



2,450

Sites



289,597

Californians
reached

Policy, Systems and Environmental Change Activities

PSEs improve health in communities with at least 50% of households eligible for CalFresh Healthy Living by increasing access to healthy food, promoting healthy dietary choices, and expanding opportunities for physical activity.



7,541

PSE changes



1,607

Sites



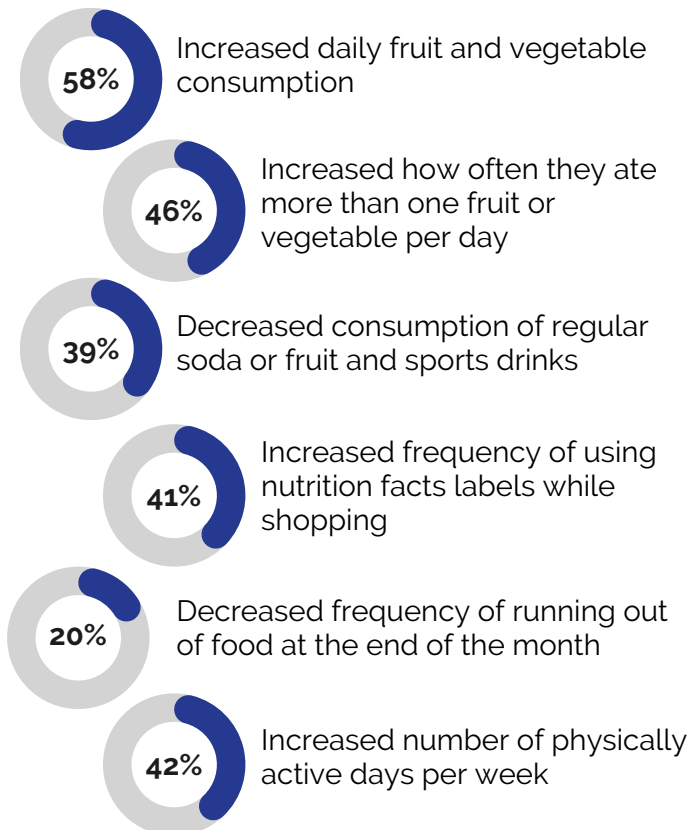
1,941,489

Californians reached
(estimated)

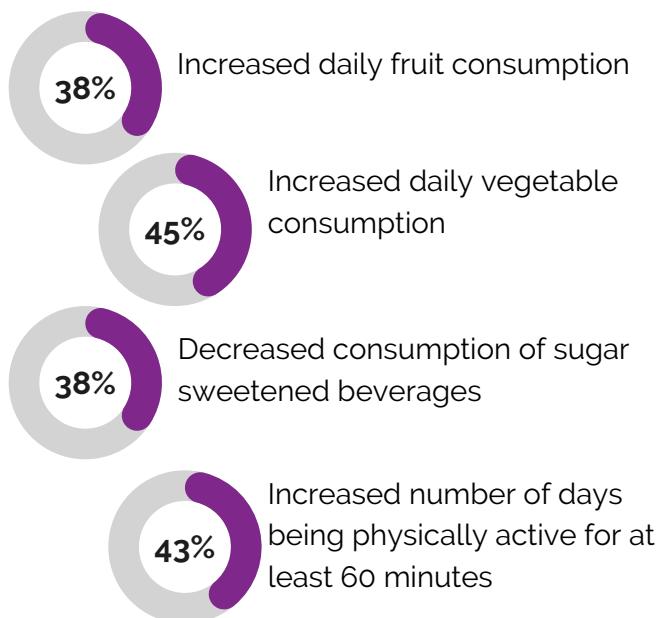
CalFresh Healthy Living Impacts

Direct Education

Surveyed **adults** participating in Direct Education classes reported the following:

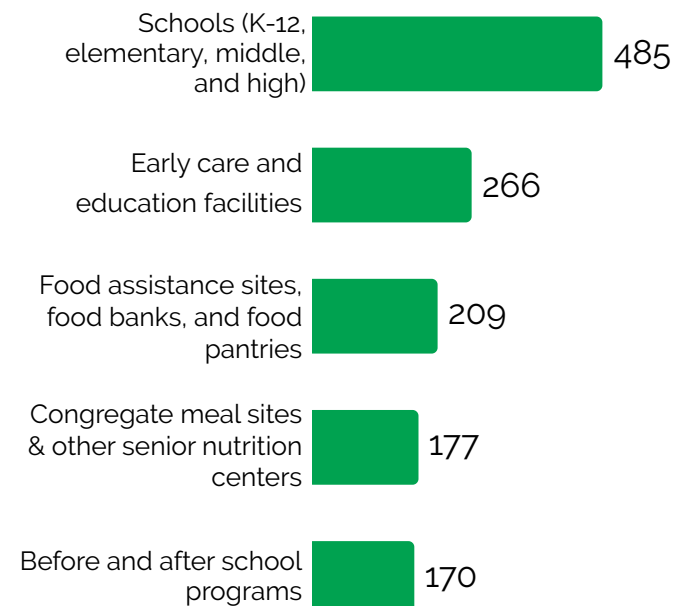


Surveyed **youth** participating in Direct Education classes reported the following:



Policy, Systems and Environmental Changes

Most Frequent PSE Setting Types, Number of Sites



Top PSE Changes

